42: Vanoverbergh E-5 (no date) 1936-1938 OA1 Philippines
Apayao OA5
Isneg

761 must have intervened. With reference to the former class of ailments,
753 some of them never cause death, except if they are coupled with fur-
ther complications, while in the rest the symptoms (as passing of
776 blood in dysentery, general swelling of the body in beriberi) are considered as the visible effect of the work initiated by a spirit inside the body.

In the same way, whenever some dangerous sickness fails to prove fatal and is overcome either by the strong constitution of the patient, or by some medicine, the Isneg attribute the cure, not to its real cause, but to the superior force of some spirit in league with the shaman, or to magic, all of which has subdued for the time being or completely driven away the terrible kidney-eater, who on that account has been unable to finish the work he began.

177 After what has been said here, it should not be wondered at that
757 doctors and nurses have a very difficult time with these people, who have little or no faith in their ministrations and consider medicines as either operating through magic (in case of a cure) or entirely useless. Most of the time, however, medicines are given no credit at all, and the cure is merely attributed to the work of the shaman, whose help is always invoked, even in those rare cases in which recourse has been had to natural means.

761 Suicide (*magbanól*, "to commit suicide") must be listed in the
753 second class: its victims are supposed to die through the action of
762 a kidney-hunter. Suicide, however, by hanging oneself (*magpattál*) or otherwise, not by jumping into the water (*malimát*, "to be drowned"), is rare among the Isneg. I know of only one case in recent times: a few years ago a person hanged himself at Utul, but I have not been able to discover the reason. Drowning oneself would certainly be shunned by Isneg, on account of the probability of the *innát* being lost and deprived of its necessary preparation for the acceptance of the *kaduduwá* by *Kútaw*. It is universally believed by the natives that the relatives of a person who died by drowning, whether voluntary or accidental, will continually dream about him at night; this seems to be a kind of revenge on the part of the deceased, probably out of spite for encountering so many difficulties on his way to the other world. That is one of the reasons why the Isneg so sedulously try to find the body of a drowned person even for weeks at a time; if the body is recovered and buried, no such dreams affect the relatives of the deceased.

[746] smallest feast is the *perpes*, given at the beginning of harvest, or for a sick child. Only a chicken or maybe, a pig is killed. After eating, the people go to the field and work until quite dark. A coconut is divided and half left for the field. The other half is eaten on arriving home.

[755] [753] A *coglot*, given to an *anito* for the recovery of a sick person, deserves further mention. If one of the family becomes sick, they think that the spirit of the sick one has wandered away and been caught by some *anito*. They call for one or more priestesses according to their wealth. This priestess holds a consultation to discover, either which *anito* is keeping the spirit, or which *anito* to ask to go and take the spirit away from the evil *anito*, and thus bring the sick back to health.

[757] Upon deciding which *anito* to call, they tie a live pig at the door, and the priestess calls the *anito*. Then she touches the patient, sometimes applying native herbs, oil, or lime on the parts affected. The dog or pig is then killed, and the priestess prays the *anito* to take the spirit of the animal instead of the spirit of the sick person.

[791] The next morning the patient gives the priestess the beads, plates, *aliwa*, and all the articles used by her in the ceremony.

[787] Auguries are practised by observing the flight and call of birds.

The various calls of the *awanac* are important. Ten different calls are distinguished and are classified as *mulad*, foretelling good fortune; or *umgad*, foretelling misfortune.